



À LA CARTE

Served with one freshly squeezed orange juice, one smoothie of the day and one coffee.

The Artisanal pastries | 21

Assortment of jams - organic honey and butter

The Granola | 20

Yogurt - regional honey - compote & fresh fruits

The Organic eggs | 23

Prepared the way you like - pan fried potato - semi-confit tomato

Choice of : bacon - Toulouse sausage or artisanal ham

Choice of artisanal bread

The Benedictines | 26

Poached egg on english muffin - spinach - Hollandaise sauce

Choice of : artisanal ham or smoked salmon

The Well being | 23

Egg white omelette - semi-confit tomato - spinach - ricotta - broccoli - basil and lemon

Choice of artisanal bread

The B-A-L-T-E | 26

Bacon - avocado - lettuce - tomato - fried egg on soft bread

The American pancakes | 25

Berry - mascarpone cream - caramelized pecan

The Scandinavian | 30

Smoked salmon on bagel - radish - cucumber - cream cheese

The StoneHaven | 32

Organic egg prepared the way you like - pan fried potato - semi-confit tomato

bacon - Toulouse sausage - artisanal ham

Choice of artisanal bread

Le French toast | 35

Apple like Tatin - melting brie - salted butter caramel

**Preparation requires additional cooking time.*

Our coffees

Espresso / Long espresso / Double espresso | 4.5

Cappucino / Latte | 5

Our teas

Camélia Sinensis | 7

Selection on demand

Our juices

Freshly squeezed orange juice | 8

Energising smoothie | 12

Pineapple - spinach - banana - curcuma -
ginger - orange juice - lime

Extra

Pan fried potato | 5

Bacon - Toulouse sausage or artisanal ham | 10

Cream cheese | 6

Ricotta or plain yogurt | 8

Homemade smoked salmon | 14

Trio of Quebec cheese or from elsewhere | 19

Assortment of seasonal fruits | 12

**The team of the Manoir wishes you a
wonderful day!**